

AUTHENTICITY

Issue 2

September 2009

Spring has arrived

In This Issue

1. • Slim & Sculpt package
2. • 'Happy Feet'
3. • Beach Body
4. • Authenticity Café
5. • Father's Day Package

Links

[Reflexology](#)

[Body Treatments](#)

[Cafe](#)



Contact us

www.authenticity.com.au

bookings@authenticity.com.au

Phone: (08) 8554 2088

'Slim & Sculpt' A Fantastic new treatment at Authenticity

**Day Spa & Residential
Packages available from
1st September**



Over a period of a few short weeks, you will be able to improve your fitness with our fantastic Master Personal Trainer, assisting weight loss and strengthening muscle, as well as a Massage Trainer skilled in the new Slim & Sculpt 'Fitness Massage' treatment (direct from Paris), developed by Thalgo, using marine algae derivatives to smooth & firm the skin all over your body and increase core muscle strength.

Also available:

Fitness Massage – An invigorating personal training massage, where all parts of the body are involved in assisted resistance movements; utilising the latest science in skin firming products and anti cellulite serums which can be combined with the Slim & Sculpt thermal body wraps to intensely target problem areas. This revolutionary treatment will energise you and uplift your body. From \$165 per session.

**Call the Customer Care
Team on 85542088 to
make your booking.**



Links:

[Reflexology](#)

[Body Treatments](#)

[Cafe](#)



Contact us

www.authenticity.com.au

bookings@authenticity.com.au

Phone: (08) 8554 2088

'Happy Feet' ... With Reflexology Foot Massage



Reflexology is the science that addresses the principle that there are areas on the feet which correspond to the glands, organs and parts of the body. Authenticity's 'Reflexology Foot Massage' is a unique method of using the thumb and forefingers on these reflex areas utilizing Reflexology principles.

The average foot takes around 8000 steps every day - reward your feet!

For further information on Reflexology click on the web link at the left of this newsletter.

Book a Reflexology treatment before the end of September to receive a complimentary Herbal Foot Bath.

Beach Ready Body...



Spring is the time to indulge in a Beach Glow body buffing treatment to get your body ready for the warmer weather. The Beach Glow treatment includes full body exfoliation and full body moisture for soft, smooth, silky skin.

Special Offer

Book a 'Beach Ready Body' package' ; receive a Beach Glow treatment and a Thalgo 'Summer Essentials' skin care package

\$150 September only

Valued at \$191.50

Authenticity Café News



Come and enjoy our gourmet vegetarian meals at Authenticity Café this month. The sun is shining in our fabulous courtyard and al fresco dining for lunch Wednesday to Sunday is just perfect with friends.

Try the Spanakopita – dish of the month, Spinach & feta cheese flaky filo triangles served with organic yoghurt and garlic dip.



Father's Day Package

Treat the Special Man in your life this Father's Day with an uplifting face & body treatment package

- Men's Ocean Facial
 - Therapeutic Massage
 - Thalgomen Gift Pack
- \$250**

Gift Vouchers available NOW



Links

[Reflexology](#)

[Body Treatments](#)

[Cafe](#)

Contact us

www.authenticity.com.au

bookings@authenticity.com.au

Phone: (08) 8554 2088

Srit Village School Fund Results

Update on Srit Village School Fund



Manager, Laura Rosadoni will be travelling to Siem Reap Cambodia this month to visit the school and find out how the charity can best assist the in the upcoming months. Thank you to all participants and kind donors to the charity fundraiser held at Authenticity in July. More news to come. All donations to the Srit Village School fund are gratefully received.

Authenticity on Facebook



Authenticity Spa Resort has joined Facebook. Become a Fan for information and updates.

Links

[Reflexology](#)

[Body Treatments](#)

[Cafe](#)

Contact us

www.authenticity.com.au

bookings@authenticity.com.au

Phone: (08) 8554 2088